Faith Formation Files: Vol. 1, Issue 19 February 17, 2019

The corporal acts of mercy direct us to feed the hungry, give drink to the thirsty, shelter the homeless, visit the sick, visit the imprisoned, give alms to the poor, and bury the dead. I feel that helping you to perform some of these acts is a part of Faith Formation. My role is more than just teaching class. I want to do whatever I can to help you live your faith.

A couple weeks ago, in an insert similar to this (it was bright orange) I included a checklist regarding talents and interests for people to complete and return. I am hoping that with all the crazy weather we’ve been having that the paper just got overlooked or pushed to the side when you were trying to find your other glove. I am reprinting it here again so just in case that’s what happened, you can still submit it. I will also put some blank lists on a table in the back of each church building so every member of the family can fill one out, or so you can complete it while still in the church and don’t forget about it again. The reason I am requesting this information is so I can plan relevant service projects.

With that being said, I am excited to announce our first Service Saturday! On Saturday, March 9th, we will be meeting in Fellowship Hall at 9 am to prepare freezer meals. My vision is that each person/family who wants to participate will bring the listed ingredients and materials. I have identified how much each recipe will make and provided some suggestions for how that might be divided for distribution. My goal is to facilitate the service project. You (and your family?) are to finish carrying out the act of service. See the attached list and I think you’ll understand. If you have questions, feel free to contact me. This project is not JUST for parishioners. Feel free to bring along any family or friends who you think might enjoy participating. I look forward to seeing you there!

 Blessings,

 Julie Gould

 faithformation@ctknsf.org

This Week:

* Sunday, Feb. 17, 4-6 pm at Fellowship Hall: Faith Formation classes
* Monday, Feb. 18, 7 pm at St. Francis Church, Lakeview: Adult Enrichment Class
* Wednesday, Feb. 20, 5:30-7 pm at Fellowship Hall: A Family of Faith potluck & mtg

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please check any and all interests, talents, or skills:

\_\_\_ word processing \_\_\_ social media \_\_\_ using the Internet

\_\_\_ cooking/baking \_\_\_ gardening/green thumb \_\_\_ landscaping/yardwork

\_\_\_ carpentry \_\_\_ basic home repair \_\_\_ automotive

\_\_\_ card making \_\_\_ scrapbooking \_\_\_ crafting

\_\_\_ knit/crochet \_\_\_ sewing/quilting \_\_\_ painting

\_\_\_ time mgmt. \_\_\_ money mgmt. \_\_\_ organization

\_\_\_ couponing \_\_\_ reading \_\_\_ writing

\_\_\_ camping \_\_\_ fishing \_\_\_ bicycling

\_\_\_ praying \_\_\_ sports: please specify \_\_\_ computer skills: specify

\_\_\_ walking/running \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please list any other skills or talents you have. What ideas do you have for sharing them?

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If you have any other ideas for Service Saturday projects, would be willing to organize a day/ event, have leads for materials, supplies, or other funding, or any other advice, suggestions, or questions, please let me know. Thank you!

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On Saturday, March 2nd, CTK-SF will be hosting a VIRTUS training session. People who participate in ministries, etc. that require this training need to attend or they may be suspended from their positions until they complete the class. It can’t get any closer than having it right here! It is preferred that you preregister. Follow the directions below to do so.

**Virtus Training Registration Directions**

Go to Virtus.org website, halfway down the page on the left side, click green box: “First Time Registrant”. Click “Begin Registration Process”. For organization, choose “Grand Rapids (Diocese)”. On the next page choose a user ID and password. Fill in registrant information. On the next page for primary location choose “Christ the King-St. Francis de Sales (Howard City)”, do not just select “Christ the King” or “St. Francis de Sales”. Answer questions on the next three pages. Identify your title (Sacristan, Extraordinary Minister, Childcare, etc.). Answer question about working or volunteering in other locations, click “volunteer” option. Finally, find the training listing for CTK-SF on March 2, 2019. Click that button. Log out. You are done! Thank you for preregistering.

Service Saturday, Freezer Meal Planning Sheet

My plan is for each participant/family to make the following meals. It is your decision how you’d like to separate the servings and to whom they go.

Lasagna Roll-Ups

Makes 20 roll-ups. Bring disposable pans: Loaf size=4 rolls/pan x5 pans;

8x8 cake pan= 10 rolls/pan x2 pans; 9x13 cake pan= 20 rolls/pan x1 pan

Ingredients:

20 whole Lasagna Noodles (traditional, not “no-boil”)

2# ground meat (beef, Italian sausage, venison, etc.- yes, it can be a mixture)

2 jars (24-oz. size) pasta sauce

30 oz. ricotta cheese (or cottage cheese- again, a mixture is fine.)

2 eggs

1 onion

¾ c. grated parmesan

1# grated mozzarella

Chicken Pot Pie

Makes 2 pies: Bring 2 frozen deep-dish pie crusts in disposable pans

plus 2 refrigerated, rolled pie crusts (in a box in the refrigerated section, usually by the crescent rolls and other tube biscuits.)

Ingredients:

1 onion 3 stalks celery 3 carrots

1 stick butter 2 c. chicken broth 12 oz. frozen peas

1 c. milk (any kind- skim, 2%, whole, half & half, cream. The richer the better!)

2# boneless, skinless chicken breasts (or thighs, or a mixture of the 2)

Crockpot Island Pork

Makes enough to fill 2 gallon size ziplocks, 4 quart size, or a combination of them. Bring whichever bags you’d like. I suggest “freezer” style.

Ingredients:

5-6 # pork roast (also known as pork shoulder or pork butt)

2 oranges (or 2 lg. cans mandarins)

2 (14 oz.) crushed pineapple

Other Things that might be Useful

Cutting boards Your favorite knives

A large mixing bowl Hand towels An apron

Any other favorite kitchen tool you have: choppers, mandolins, etc.